

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<p>2</p> <p>10:00 Has-Fit Workout 10:30 Church Live Stream 11:00 Sequence Hour 1:30 Painting Class 2:00 Giant UNO Game 3:00 Sunday Happy Hour in the Patio 5:30 Sunset Stroll</p>	<p>3</p> <p>10:00 Upper Body Workout 10:30 How Many Words? 11:00 Guess the Song? 1:30 Bingo w/ Quarters 3:00 Casino w/ Chef Sammy 4:00 Happy Hour</p>	<p>4</p> <p>9:30 Morning Coffee Chat 10:00 Has-Fit Workout 10:30 Coffee Chat w/ Wellness Director Turquoise 1:30 Making: Mardi Gras Mask/Necklaces 3:00 Happy Hour w/ Andy 4:00 Afternoon Stroll</p>	<p>5</p> <p>10:00 Outing: Walmart Shopping Trip 10:00 Lower Body Workout 1:30 Bingo w/ Quarters 2:45 Guided Meditation 3:00 Afternoon Stroll 4:00 Happy Hour 6:00 Games by the Lobby</p>	<p>6</p> <p>9:30 Holy Family Visit 10:00 Has-Fit Workout 10:30 Cardio Drumming 11:00 Name the Tune! 1:30 Baking: Moroccan Meskouta Orange Cake 3:00 Let's Play: Giant Jenga 4:00 Happy Hour</p>	<p>7</p> <p>9:00 Publix Shopping Trip 10:00 Whole Body Workout 10:30 Hangman 1:30 Bingo w/ Quarters 2:45 Guided Meditation 3:00 Happy Hour 6:00 Friday Movie Night </p>	<p>8</p> <p>10:00 Has-Fit Workout 10:30 Special Bingo for Chocolates 11:00 Walking Club 1:30 Painting Class 2:00 Scrabble Game 3:00 Happy Hour w/ Victoria 6:00 Games by the Lobby</p>
<p>9</p> <p>10:00 Has-Fit Workout 10:30 Church Live Stream 11:00 Sequence Hour 1:30 Painting Class 2:00 Giant UNO Game 3:00 Sunday Happy Hour in the Patio 5:30 Sunset Stroll</p>	<p>10</p> <p>10:00 Upper Body Workout 10:30 How Many Words? 11:00 Activities Chat w/ Jill 1:30 Bingo w/ Quarters 3:00 Guided Meditation 3:30 Let's Play: Giant Jenga 4:00 Happy Hour</p>	<p>11</p> <p>9:30 Morning Coffee Chat 10:00 Has-Fit Workout 10:30 Guess the Tune! 11:00 Corn-hole 1:30 Craft: Moroccan Tassel Necklaces 3:00 Let's Play: Giant Jenga 4:00 Happy Hour</p>	<p>12</p> <p>10:00 Lower Body Workout 10:30 Outing: Lunch at Ford Garage 1:30 Bingo w/ Quarters 2:45 Guided Meditation 3:00 Happy Hour w/ Joe 4:00 Afternoon Stroll 6:00 Games by the Lobby</p>	<p>13</p> <p>9:30 Holy Family Visit 10:00 Has-Fit Workout 10:30 Name the Tune! 11:00 Plant Operations Chat w/ Todd 1:30 Painting: Moroccan Landscape 4:00 Happy Hour</p>	<p>14</p> <p>9:00 Publix Shopping Trip 10:00 Whole Body Workout 10:30 Hangman 1:30 Bingo w/ Quarters 2:45 Guided Meditation 3:00 Happy Hour w/ Saxophonist Jay 6:00 Friday Movie Night</p>	<p>15</p> <p>10:00 Has-Fit Workout 10:30 Cardio Drumming 11:00 Walking Club 1:30 Painting Class 2:00 Scrabble Game 3:00 Ice Cream Sandwiches 3:30 Corn-hole/Ping-Pong 6:00 Games by the Lobby</p>
<p>16</p> <p>10:00 Has-Fit Workout 10:30 Church Live Stream 11:00 Sequence Hour 1:30 Painting Class 2:00 Giant UNO Game 3:00 Sunday Happy Hour in the Patio 5:30 Sunset Stroll</p>	<p>17</p> <p>10:00 Upper Body Workout 10:30 How Many Words? 11:00 Menu Chat w/ Chef Sammy 1:30 Bingo w/ Quarters 3:00 Casino w/ Chef Sammy 4:00 Happy Hour</p>	<p>18</p> <p>9:30 Morning Coffee Chat 10:00 Has-Fit Workout 10:30 Corn-hole 11:00 Guess the Tune! 1:30 Baking: Vanilla & Chocolate Chip Chocolate 3:00 Let's Play: Wii Bowling 4:00 Happy Hour</p>	<p>19</p> <p>10:00 Lower Body Workout 10:15 Outing: Shopping at Macy's 1:30 Bingo w/ Quarters 2:45 Guided Meditation 3:00 March Birthdays Happy Hour w/ Chris 4:00 Afternoon Stroll 6:00 Games by the Lobby</p>	<p>20</p> <p>9:30 Holy Family Visit 10:00 Has-Fit Workout 10:30 Cardio Drumming 11:00 Name the Tune! 1:30 Corn-hole 2:00 Crafting w/ Joan 3:30 Let's Play: Wii Bowling 4:00 Happy Hour</p>	<p>21</p> <p>9:00 Publix Shopping Trip 10:00 Whole Body Workout 10:30 Hangman 11:00 Townhall Meeting w/ Kristin 1:30 Bingo w/ Quarters 3:00 Happy Hour 6:00 Friday Movie Night</p>	<p>22</p> <p>10:00 Has-Fit Workout 10:30 Special Bingo for Chocolates 11:00 Walking Club 1:30 Painting Class 2:00 Scrabble Game 3:00 Ice Cream Sandwiches 6:00 Games by the Lobby</p>
<p>23</p> <p>10:00 Has-Fit Workout 10:30 Church Live Stream 11:00 Sequence Hour 1:30 Painting Class 2:00 Giant UNO Game 3:00 Sunday Happy Hour in the Patio 5:30 Sunset Stroll</p>	<p>24</p> <p>10:00 Upper Body Workout 10:30 How Many Words? 11:00 Name the Tune! 1:30 Bingo w/ Quarters 3:00 Guided Meditation 3:30 Let's Play: Wii Bowling 4:00 Happy Hour</p>	<p>25</p> <p>9:30 Morning Coffee Chat 10:00 Has-Fit Workout 10:30 Corn-hole 11:00 Guess the Tune! 1:30 Baking: Moroccan Caramelized Candied Peanuts 3:00 Let's Play: Giant Jenga 4:00 Happy Hour</p>	<p>26</p> <p>10:00 Lower Body Workout 10:15 Outing: Lunch at Cracker Barrel 1:30 Bingo w/ Quarters 2:45 Guided Meditation 3:00 Afternoon Stroll 4:00 Happy Hour 6:00 Games by the Lobby</p>	<p>27</p> <p>9:30 Holy Family Visit 10:00 Has-Fit Workout 10:30 Corn-hole 11:00 Name the Tune! 1:30 Painting: Moroccan Sunflower 3:00 Happy Hour w/ Nora & Eddie 4:00 Afternoon Stroll</p>	<p>28</p> <p>9:00 Publix Shopping Trip 10:00 Whole Body Workout 10:30 Hangman 1:30 Bingo w/ Quarters 2:45 Guided Meditation 3:00 Happy Hour 6:00 Friday Movie Night</p>	<p>29</p> <p>10:00 Has-Fit Workout 10:30 Cardio Drumming 11:00 Walking Club 1:30 Painting Class 2:00 Scrabble Game 3:00 Ice Cream Sandwiches 3:00 Corn-hole/Ping-Pong 6:00 Games by the Lobby</p>
<p>30</p> <p>10:00 Has-Fit Workout 10:30 Church Live Stream 11:00 Sequence Hour 1:30 Painting Class 2:00 Giant UNO Game 3:00 Sunday Happy Hour in the Patio 5:30 Sunset Stroll</p>	<p>31</p> <p>10:00 Upper Body Workout 10:30 How Many Words? 11:00 Guess the Song? 1:30 Bingo w/ Quarters 3:00 Happy Hour w/ Andy 4:00 Afternoon Walk</p>	<p>Room Key</p> <p>L.....Lobby CS.....Creative Studio ER.....Entertainment Room DR.....Dining Room</p> <p>O.....Outing P.....Patio</p>		<p>ADDITIONAL INFORMATION</p> <p>All activities and outings are subject to change. Please check the Daily Activity Sheet for the daily updated activities.</p>	 <p>Sonata ASSISTED LIVING MEMORY CARE <i>Windermere</i></p>	