## **SAMPLE 2025**

Music: Rock 'n Rhythm

5:30 Family Visits

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Music: Rock 'n Rhythm

## **VALEO PROGRAMMING**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:45 MorningTalk 10:00 Exercise Time 10:30 Guess the Animal 1:15 Afternoon Walk 2:30 Bingo Hour 3:30 Snack/Hydration Cart 6:00 Game Night
9:45 MorningTalk 10:00 Morning Snack Social 10:30 Church Live Service 1:30 Painting Session 2:30 Snack/Hydration Cart 3:30 Board Games 6:00 Movie & Popcorn	9:45 MorningTalk 10:00 Hangman Game 10:30 Fitness w/ Alicia 10:45 Drum Circle 1:30 Bingo w/ Chocolates 2:30 Snack Social 3:00 Trivia Game 4:00 Legacy Boxes	9:45 Morning Exercise 10:00 Morning Talk 10:30 Baking: Bow Wow Biscuits 11:00 Hangman 1:00 After Lunch Walk 1:30 Fit Minds Activity 2:30 Snack Social 3:00 Board Games	9:45 MorningTalk 10:00 Guess the Country 10:30 Fitness w/ Natalie 10:45 Ribbon Cardio 1:00 Chair Yoga 1:30 Bingo w/ Chocolates 2:45 Snack Social 6:00 Movie Night	9:45 Morning Exercise 10:00 Holy Family 10:30 MorningTalk/Snack 10:45 Fit Minds Activity 1:30 Dancing w/ Perfect Dancing 2:30 Parachute Game 2:45 Snack Time 3:00 Puzzle Time	9:45 Morning Talk 10:00 Guess the Song! 10:30 Fitness w/ Natalie 10:45 Scenic Bus Ride 1:00 Chair Yoga 1:30 Bingo w/ Chocolates 2:30 Snack Cart 6:00 Movie Night	9:45 MorningTalk 10:00 Exercise Time 10:30 Guess the Animal 1:15 Afternoon Walk 2:30 Bingo Hour 3:30 Snack/Hydration Cart 6:00 Game Night
9:45 MorningTalk 10:00 Morning Snack Social 10:30 Church Live Service 1:30 Sunday Music w/ Joe 2:30 Snack/Hydration Cart 3:30 Board Games 6:00 Movie & Popcorn	9:45 MorningTalk 10:00 Hangman Game 10:30 Fitness w/ Alicia 10:45 Drum Circle 1:30 Bingo w/ Chocolates 2:30 Snack Social 3:00 Trivia Game 4:00 Legacy Boxes	9:45 Morning Exercise 10:00 Morning Talk 10:30 Baking: Bow Wow Biscuits 11:00 Hangman 1:00 After Lunch Walk 1:30 Fit Minds Activity 2:30 Snack Social 3:00 Board Games	9:45 MorningTalk 10:00 Guess the Country 10:30 Fitness w/ Natalie 10:45 Ribbon Cardio 1:15 Chair Yoga 2:00 Bingo w/ Chocolates 2:45 Snack Social 6:00 Movie Night	9:45 Morning Exercise 10:00 Holy Family 10:30 MorningTalk/Snack 10:45 Fit Minds Activity 1:30 Dancing w/ Perfect Dancing 2:00 Parachute Game 2:30 Snack Time 3:00 Puzzle Time	9:45 Morning Talk 10:00 Guess the Song! 10:30 Fitness w/ Natalie 10:45 Scenic Bus Ride 1:00 Chair Yoga 1:30 Valentine's Day Tea Party 2:30 Snack Cart 6:00 Movie Night	9:45 MorningTalk 10:00 Exercise Time 10:30 Guess the Animal 1:15 Afternoon Walk 2:30 Bingo Hour 3:30 Snack/Hydration Cart 6:00 Game Night
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