# Sonata Lake Mary

RESORT-STYLE INDEPENDENT AND ASSISTED LIVING





## LIVING WITH PURPOSE

At Sonata Lake Mary, every day is designed to inspire joy, connection, and balance. Our wellness philosophy supports residents in living fully—mind, body, and spirit.

# DISTINCTIVE LIVING FOR TODAY'S SENIOR

Located in the Lake Mary Wellness and Technology Park, ***Sonata Lake Mary*** is an easy choice for those with elevated standards and higher expectations. It's why we insisted on building oversized apartments with open floor plans, high ceilings, deluxe kitchens with quartz countertops, walk-in closets, and outdoor terraces custom made for Florida living! All this and the convenience of all-inclusive rent-based retirement living with no expensive buy-in fee.

Exceeding your expectations is not simply a promise we make. It's the fundamental principle behind resort-style retirement living at ***Sonata Lake Mary***. Why settle for conventional when you can expect more at ***Sonata Lake Mary***!

# CREATE YOUR OWN LEVEL OF LUXURY

At its heart, retirement living is all about having more time and freedom to live your best life. It's about releasing yourself from the burden of home maintenance and upkeep. And keeping up an active mind, body, and spirit as you age.

At ***Sonata Lake Mary***, each day invites you to experience activities that reflect your personal tastes, passions and pursuits, and more ways to enjoy them! Anytime dining on your schedule, fitness classes, entertainment, social events and clubs—everything your heart desires in retirement living and an abundance of resort-style amenities and social opportunities to help you stay energized, engaged, and ultra connected to friends and family.



## SIGNATURE PROGRAMS BY SONATA

Our Signature Programs inspire residents to bring their retirement dreams & desires into full bloom. We focus on seven dimensions of wellness, extending as many ways possible for you to live life to the fullest each and every day.



## SONATA LAKE MARY

You'll find it's not all about what you expect from resort-style retirement living. It's about what you'll experience too.  Sonata Lake Mary is the ultimate choice for all who believe each day should bring the prospect of a more peaceful tomorrow.

# AND THE RETIREMENT YOU DESERVE

You'll be assured that every stage of your health care needs will be met in the community you call home. Our location in close proximity to Orlando Health gives residents access to world-class medical facilities right at your doorstep, plus Sonata's award-winning signature care. It's why we offer a full continuum of lifestyle choices on-site, including independent living, assisted living, and memory care.

At ***Sonata Lake Mary***, you'll find your personal sanctuary amid well-appointed residences with built-in safety and security features. Elegant, sophisticated finishes blend seamlessly with the latest innovations in residential design, including a state-of-the-art HVAC air filtration and ventilation system, assistive listening and emergency call systems, expanded generator capacity, and touch-free technology.

# WELCOME TO SONATA LAKE MARY

## SONATA LAKE MARY IS YOUR PARTNER IN INDEPENDENT AND ASSISTED LIVING

Introducing ***Sonata Lake Mary***, a resort-style independent and assisted living community offering seniors the latest innovative design, unparalleled services, and amenities. Compose your best life at ***Sonata Lake Mary*** and expect more!

***Sonata Lake Mary*** consists of 245,000 square feet of living space featuring a total of 193 apartments, dedicating 108 apartments for independent living, 72 apartments for assisted living, and 13 for memory care residences. Offering all-inclusive senior rental living.

Featuring an array of amenities, ***Sonata Lake Mary*** offers a heated resort-style pool, multiple recreational venues to enhance your fitness and wellness, as well as full-service dining options and a poolside bar and grill – just to name a few.

All-inclusive living with no up-front buy-in. Resort-style independent living with priority access to assisted living and memory care. Sonata offers three distinct lifestyles, convenience, and comfort with all the perks of Central Florida living.

Sonata Senior Living welcomes you to experience the symphony of your life. Welcome to ***Sonata Lake Mary.***

Sonata
Lake Mary

RESORT INDEPENDENT & ASSISTED LIVING

410 Caring Drive
Lake Mary, Florida 32746
**(407) 477-5957**

SonataLakeMary.com

Pet Friendly

Assisted Living Facility License #14005

# SITE PLAN




At ***Sonata Lake Mary***, and in continuation of the Salus™ wellness philosophy, our site plan is highlighted with numerous resort-style amenities designed for residents to enjoy.

1. MAIN ENTRANCE
2. LIMITED PRIVATE GARAGES
3. OUTDOOR BAR & GRILL
4. RESORT-STYLE POOL
5. PICKLEBALL COURT
6. ASSISTED LIVING & MEMORY CARE ENTRANCE
7. COURTYARD
8. PUTTING GREEN
9. MEMORY CARE GARDEN
10. ASSISTED LIVING GARDEN

# CAMPUS PLAN LEVEL ONE




| | | |
|---|---|---|
| IL B1 | 1/1 | 769 SQ. FT. |
| IL B3 | 1/1 | 809 SQ. FT. |
| IL C1 | 1/1 | 866 SQ. FT. |
| IL D1 | 2/2 | 1,081 SQ. FT. |
| IL D3 | 2/2 | 1,148 SQ. FT. |
| IL F | 2/2 | 1,321 SQ. FT. |
| AL A1 | STUDIO | 387 SQ. FT. |
| AL B1 | 1/1 | 789 SQ. FT. |
| AL B2 | 1/1 | 807 SQ. FT. |
| AL C1 | 2/1 | 899 SQ. FT. |
| AL C2 | 2/1 | 941 SQ. FT. |
| MC SA1 | STUDIO | 390 SQ. FT. |
| MC SA2 | STUDIO | 398 SQ. FT. |
| MC SA3 | STUDIO | 507 SQ. FT. |
| MC SC | 2/1 | 901 SQ. FT. |

ADMINISTRATION & BACK OF HOUSE

LAUNDRY

STORAGE

**A** LOBBY
LIVING ROOM
DINING ROOM

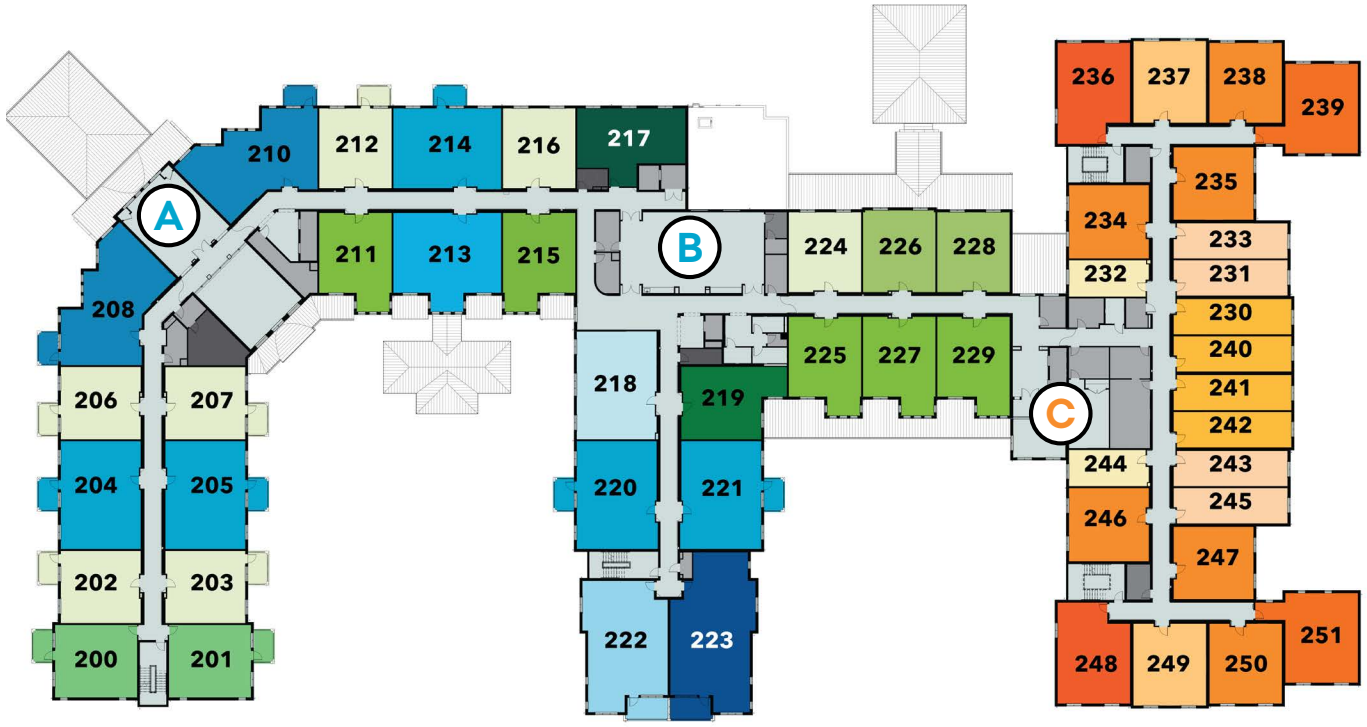
**B** FITNESS CENTER
SALON & SPA

**C** ASSISTED LIVING LOBBY
LIVING ROOM
DINING ROOM

**D** LOUNGE
ARTS & CRAFTS STUDIO

**E** MEMORY CARE DINING
LIVING ROOM

# CAMPUS PLAN LEVEL TWO




| | | |
|---|---|---|
| IL B1 | 1/1 | 769 SQ. FT. |
| IL B2 | 1/1 | 787 SQ. FT. |
| IL B3 | 1/1 | 809 SQ. FT. |
| IL B5 | 1/1 | 859 SQ. FT. |
| IL C2 | 1/1 | 873 SQ. FT. |
| IL C3 | 1/1 | 914 SQ. FT. |
| IL D2 | 2/2 | 1,137 SQ. FT. |
| IL D3 | 2/2 | 1,148 SQ. FT. |
| IL D4 | 2/2 | 1,228 SQ. FT. |
| IL E | 2/2 | 1,280 SQ. FT. |
| IL F | 2/2 | 1,321 SQ. FT. |
| IL F2 | 2/2 | 1,518 SQ. FT. |
| AL A1 | STUDIO | 387 SQ. FT. |
| AL A2 | STUDIO | 553 SQ. FT. |
| AL A3 | STUDIO | 565 SQ. FT. |
| AL B1 | 1/1 | 789 SQ. FT. |
| AL B2 | 1/1 | 807 SQ. FT. |
| AL C1 | 2/1 | 899 SQ. FT. |
| AL C2 | 2/1 | 941 SQ. FT. |
| ADMINISTRATION & BACK OF HOUSE | | |
| LAUNDRY | | |
| STORAGE | | |

A ARTS & CRAFTS STUDIO

B LECTURE HALL & THEATER

C THERAPY CENTER

# CAMPUS PLAN LEVEL THREE




| | | | |
|---|---|---|---|
| | IL B1 | 1/1 | 769 SQ. FT. |
| | IL B2 | 1/1 | 787 SQ. FT. |
| | IL B3 | 1/1 | 809 SQ. FT. |
| | IL B4 | 1/1 | 825 SQ. FT. |
| | IL B5 | 1/1 | 859 SQ. FT. |
| | IL C1 | 1/1 | 866 SQ. FT. |
| | IL C2 | 1/1 | 873 SQ. FT. |
| | IL C3 | 1/1 | 914 SQ. FT. |
| | IL D2 | 2/2 | 1,137 SQ. FT. |
| | IL D3 | 2/2 | 1,148 SQ. FT. |
| | IL D4 | 2/2 | 1,228 SQ. FT. |
| | IL F | 2/2 | 1,321 SQ. FT. |
| | IL F2 | 2/2 | 1,518 SQ. FT. |
| | AL A1 | STUDIO | 387 SQ. FT. |
| | AL A2 | STUDIO | 553 SQ. FT. |
| | AL A3 | STUDIO | 565 SQ. FT. |
| | AL B1 | 1/1 | 789 SQ. FT. |
| | AL B2 | 1/1 | 807 SQ. FT. |
| | AL C1 | 2/1 | 899 SQ. FT. |
| | AL C2 | 2/1 | 941 SQ. FT. |
| | ADMINISTRATION & BACK OF HOUSE | | |
| | LAUNDRY | | |
| | STORAGE | | |

A GAME & CLUB LOUNGE

B ASSISTED LIVING THEATER

# CAMPUS PLAN LEVEL FOUR




| | | | |
|---|---|---|---|
| | IL B1 | 1/1 | 769 SQ. FT. |
| | IL B2 | 1/1 | 787 SQ. FT. |
| | IL B3 | 1/1 | 809 SQ. FT. |
| | IL B4 | 1/1 | 825 SQ. FT. |
| | IL B5 | 1/1 | 859 SQ. FT. |
| | IL C1 | 1/1 | 866 SQ. FT. |
| | IL C2 | 1/1 | 873 SQ. FT. |
| | IL C3 | 1/1 | 914 SQ. FT. |
| | IL D2 | 2/2 | 1,137 SQ. FT. |
| | IL D3 | 2/2 | 1,148 SQ. FT. |
| | IL D4 | 2/2 | 1,228 SQ. FT. |
| | IL F | 2/2 | 1,321 SQ. FT. |
| | IL F2 | 2/2 | 1,518 SQ. FT. |
| | AL A1 | STUDIO | 387 SQ. FT. |
| | AL A2 | STUDIO | 553 SQ. FT. |
| | AL A3 | STUDIO | 565 SQ. FT. |
| | AL B1 | 1/1 | 789 SQ. FT. |
| | AL B2 | 1/1 | 807 SQ. FT. |
| | AL C1 | 2/1 | 899 SQ. FT. |
| | AL C2 | 2/1 | 941 SQ. FT. |
| | ADMINISTRATION & BACK OF HOUSE | | |
| | LAUNDRY | | |
| | STORAGE | | |

A GOLF SIMULATION STUDIO

B ASSISTED LIVING
GAME & CLUB LOUNGE

# FLOOR PLANS INDEPENDENT LIVING

## INDEPENDENT 1/1

IL-B1 | 769 SQ FT.
IL-B2 | 787 SQ FT.




- Quartz countertops
- Individually controlled heating and A/C
- Walk-in shower
- Large closets | Bathroom linen
- Faux wood blinds throughout
- 9 ft.-ceilings
- All utilities including Wi-Fi, cable, and phone included
- 24-hour controlled access entry
- Integrated smoke detectors
- Staff safety check-in system
- Keyless suite entry system

SonataLakeMary.com

Assisted Living Facility License #14005

## INDEPENDENT 1/1

IL-B3 | 809 SQ FT.
IL-B4 | 825 SQ FT.
IL-B5 | 859 SQ FT.






## INDEPENDENT 1/1

IL-C1 | 866 SQ FT.



## INDEPENDENT 1/1

IL-C2 | 873 SQ FT.

## INDEPENDENT 1/1

IL-C3 | 914 SQ FT.






## INDEPENDENT 2/2

IL-D1 | 1,081 SQ FT.
IL-D2 | 1,137 SQ FT.
IL-D3 | 1,148 SQ FT.
IL-D4 | 1,228 SQ FT.

# FLOOR PLANS ASSISTED LIVING

## ASSISTED STUDIO

AL-A1 | 387 SQ FT.
AL-A2 | 553 SQ FT.
AL-A3 | 565 SQ FT.




- Quartz countertops
- Individually controlled heating and A/C
- Walk-in shower with built-in seats
- Large closets | Bathroom linen
- Faux wood blinds throughout
- 9 ft.-ceilings
- All utilities including Wi-Fi, cable, and phone included
- 24-hour controlled access entry
- Integrated smoke detectors
- Staff safety check-in system
- Keyless suite entry system

SonataLakeMary.com

Assisted Living Facility License # 14005

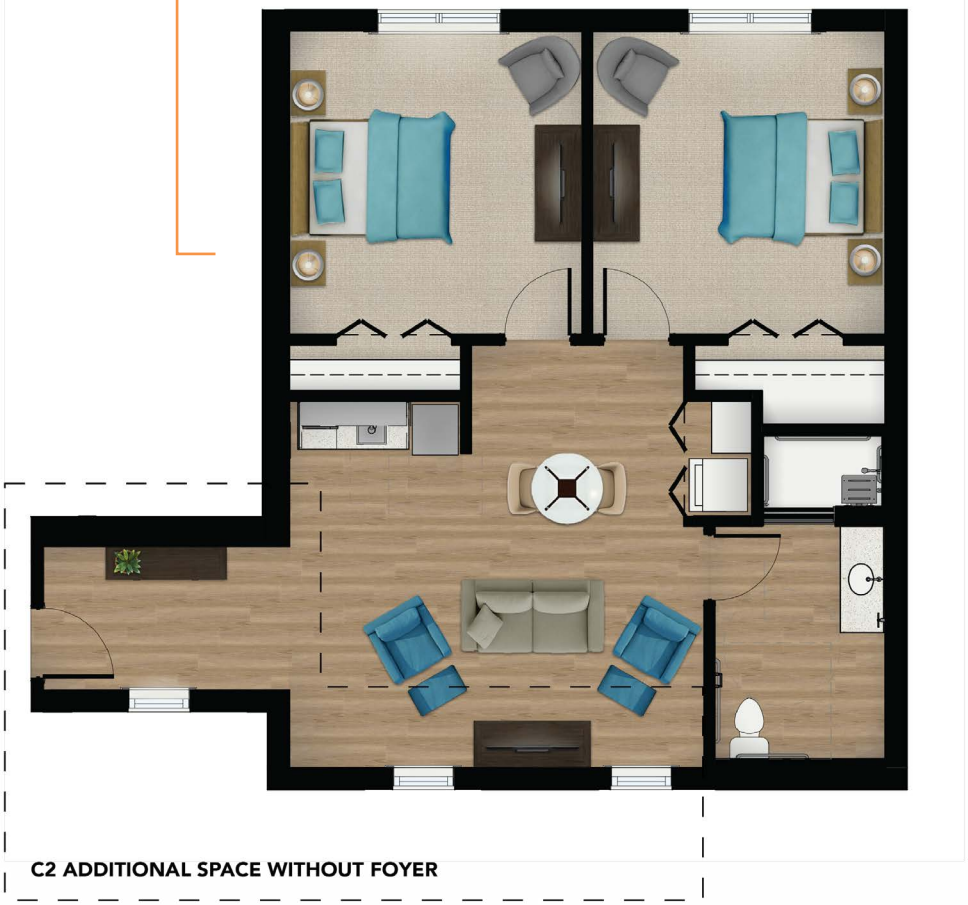
## ASSISTED 1/1

AL-B1 | 789 SQ FT.
AL-B2 | 807 SQ FT.




## ASSISTED 2/1

AL-C1 | 899 SQ FT.
AL-C2 | 941 SQ FT.



# FLOOR PLANS VALEO MEMORY CARE

## VALEO 2/1 COMPANION SUITE

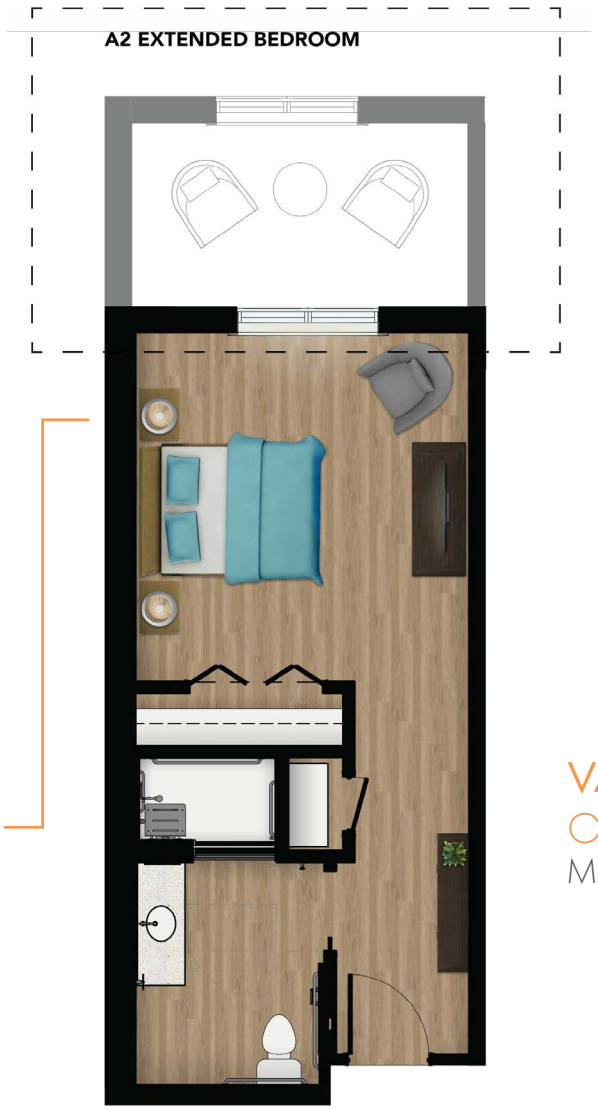
MC-SC | 901 SQ FT.



- Quartz countertops
- Individually controlled heating and A/C
- Walk-in shower with built-in seats
- Large closets | Bathroom linen
- Faux wood blinds throughout
- 9 ft.-ceilings
- All utilities including Wi-Fi and cable
- 24-hour controlled access entry
- Integrated smoke detectors
- Staff safety check-in system
- Keyless suite entry system featuring proximity bracelet readers
- Geo-location and motion sensors

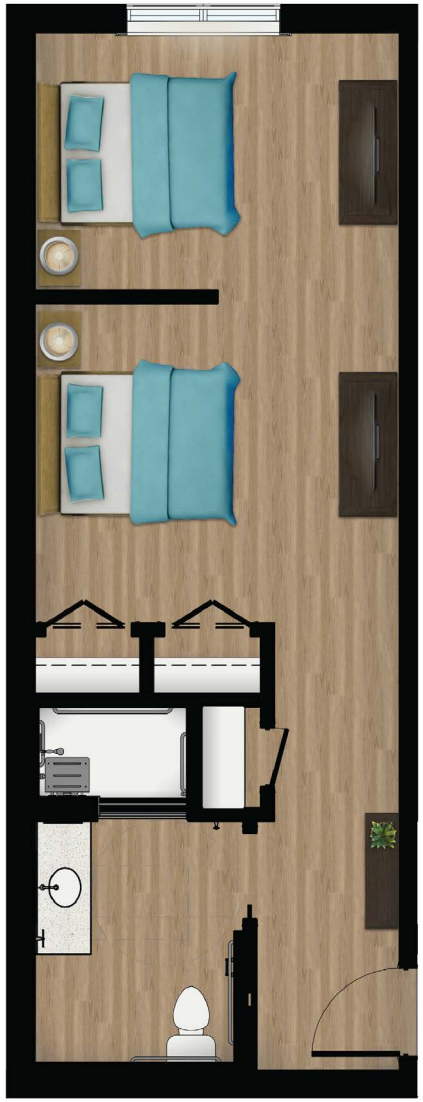
SonataLakeMary.com

Assisted Living Facility License #14005




## VALEO STUDIO

MC-SA1 | 390 SQ FT.
MC-SA2 | 398 SQ FT.



## VALEO COMPANION SUITE

MC-SA3 | 507 SQ FT.

# SERVICES & AMENITIES - INDEPENDENT LIVING

Every aspect of ***Sonata Lake Mary*** is designed with the sophisticated senior in mind. At Sonata Senior Living's newest resort-style independent and assisted living community, you can expect more from best-in-class senior living!

## FOR YOUR **CONVENIENCE**

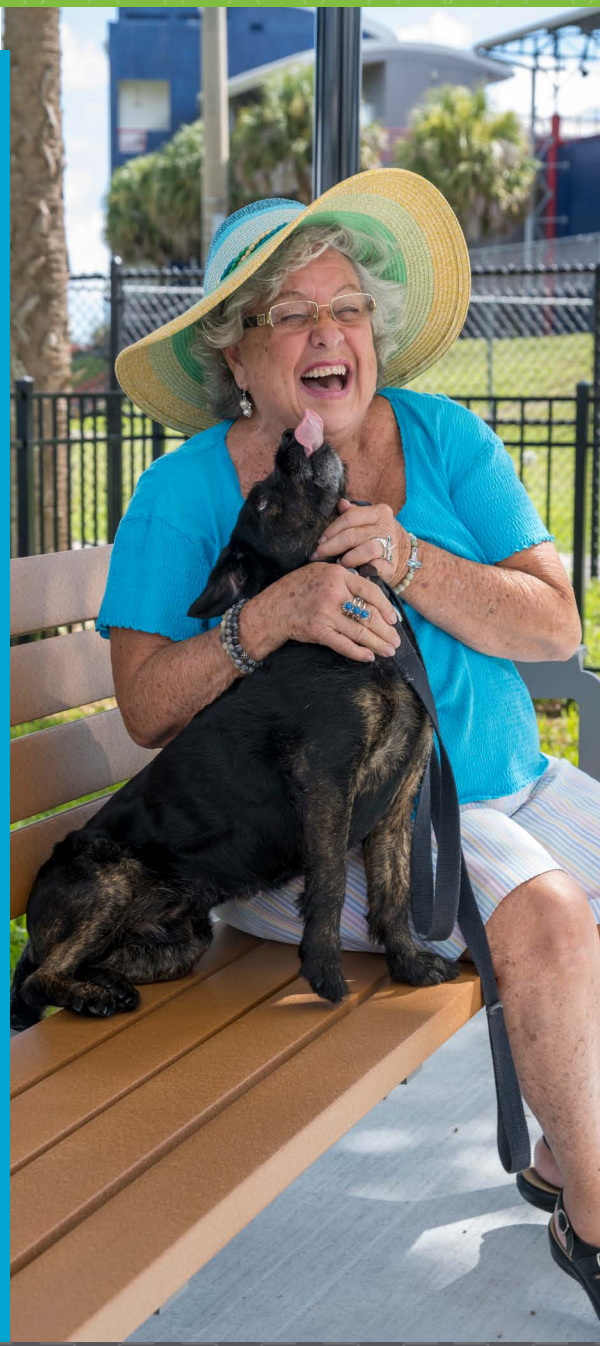
- Grab-N-Go Cafe
- Concierge service
- Full-time resident liaison and move-in coordinator
- Chauffeured individual and group transportation via luxury car or bus
- Weekly housekeeping, flat linen service, and standard maintenance

## FOR YOUR **DINING PLEASURE**

- Full-service restaurant, bistro, and poolside bar and grill
- Anytime dining menu featuring daily lunch and dinner chef specials
- Daily continental breakfast
- Private dining room with event catering available
- Elegant champagne jazz brunch
- Full-service bar with value priced drinks and hors d'oeuvres

## FOR YOUR **OUTDOOR FLORIDA LIFESTYLE**

- Resort-style heated pool
- Putting green and professional grade golf simulation studio
- Pickleball court
- Pet spa and off-leash dog park





## FOR YOUR **WELL-BEING**

- Access to visiting physicians, therapy, lab work, and home health services
- Full-service salon, spa, and barber
- Wellness center and fitness center
- Art studio and theatre
- A multitude of social, spiritual, fitness, and cultural programs
- Card and game lounge
- Educational seminars and entertainment

# INNOVATION, SAFETY, AND TECHNOLOGY

Designed for the discerning senior in mind, ***Sonata Lake Mary*** boasts the latest in innovation, safety, and technology.

## FOR **YOUR SAFETY**

- Four-story masonry block building
- Located next door to Orlando Health Emergency Room and Medical Center
- Wireless e-call system with automated check-in (pendants available)
- Full-time resident concierge, security cameras, and overnight security

## MORE **INNOVATION & TECHNOLOGY**

- Internal community TV channel, digital signage, and wayfinding located throughout the community
- Theatre with built-in assistive listening system (audio frequency induction loop system)
- HVAC air filtration and ventilation systems
- Touch-free technology, including key-less access control entry, and automated hands-free public doors

SONATALAKEMARY.COM

Pet Friendly

Assisted Living Facility License # 14005

# SERVICES AND AMENITIES - ASSISTED LIVING

An engaging lifestyle that provides a diverse selection of supported cultural, social, fitness, and educational activities.

- Executive chef-prepared breakfast, lunch, dinner, and snacks
- Fully accessible, internal courtyard with walking paths and lush gardens
- Wellness center with access to visiting physicians, therapy, lab work, and home health services
- Theatre, art studio, library, game room, putting green, and dog park
- Computer hub
- Full-service salon, spa, and barber
- All meals, housekeeping, personal laundry, flat linen, standard apartment maintenance, and local transportation
- Highly trained and compassionate caregivers and licensed nursing on-site 24/7
- Advanced security and emergency call systems
- Priority access to Valeo Memory Care



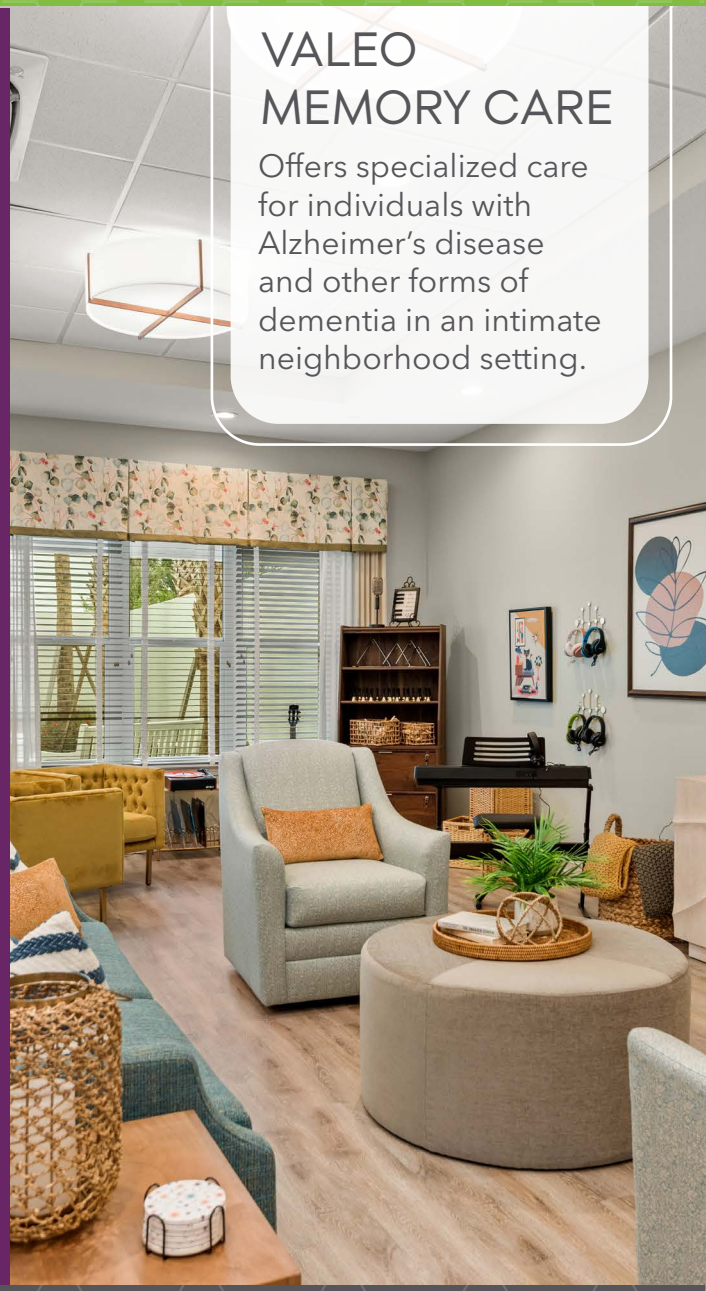
## ASSISTED LIVING

Residents enjoy the same amenities as Independent Living residents while enjoying the peace of mind of having their personal care needs attended to 24/7.

# SERVICES AND AMENITIES - MEMORY CARE

Integrating purpose-built design with Valeo programming based on person-directed care to create a vibrant lifestyle and personalized services that can be fully customized to meet your needs.

- Licensed nursing and certified memory care caregivers are on-site 24/7
- Purpose-built design includes visual cues for wayfinding, including specialized amber "night" lighting and fully saturated color palettes designed specifically for residents with memory impairments
- Sonata's proximity bracelet readers for apartment door locks offering increased autonomy and security
- Geo-location motion sensors with predictive behavior technology
- Access to visiting physician with third party medical providers, including PT/OT, lab work, X-ray, and Hospice
- Convenient 24-hour family access
- Accessible, internal courtyard with walking paths and lush gardens
- Access to AgeWell Solvere Living signature programs including Travel Times and Legacy Kits



## VALEO MEMORY CARE

Offers specialized care for individuals with Alzheimer's disease and other forms of dementia in an intimate neighborhood setting.




- Located in the Lake Mary Wellness and Technology Park off Interstate 4
- Offering independent living, assisted living, and memory care lifestyle options
- All-inclusive monthly fee with no long-term contract or expensive buy-in
- Choice of studio, one and two-bedroom apartments
- AgeWell Solvere Living signature programming

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